

From: [REDACTED]
To: [Mary Gourley](#)
Subject: Sebastopol Senior Center
Date: Monday, August 4, 2025 3:14:17 PM

Hi there,

My wife and I have been active in the Sebastopol Senior Center for more than 10 years. And we love it. They offer so many important activities for seniors. My wife and I are in the SAIL (balance) classes. I also utilize the Footcare service that is available. And we enjoy the lunches at the Harvest Cafe. It really is a happening place. (I know that sounds funny for a senior center, but it is.) It is such vibrant community of people.

Wanted you to know.

Terry Foutz

Sent from my iPhone